

16th September 2021

TO WHOM IT MAY CONCERN

Supporting Statement: The proposed conversion of the Barn on 21, London Road, Long Sutton, Spalding, Lincolnshire, PE12 9EA

It has become evident through the Coronavirus pandemic and subsequent lockdowns that there is an identified need in the local community to assist people in being able to downsize and relocate closer to their families/adult children or friends while maintaining independence and autonomy.

There is a significant percentage of the elderly and retired population who felt isolated from their communities and families during the past 18 months. We have received a substantial increase in enquiries from families, individuals and couples looking to relocate closer to their loved ones, while wanting to maintain their independence with access to care and support services tailored to their individual needs. People have been very clear they are not looking at residential, nursing services or care homes.

People also mentioned that they were looking for a community development for people of a similar age group with shared interests and aspirations, giving them the freedom to enjoy their retirement, with the addition of social inclusion.

There is evidence that even though social isolation was and is the safest way to avoid contamination it has greatly impacted or worsened mental health conditions in older people who have had to withdraw from their familiar way of living and routines. Social isolation has also contributed to people feeling vulnerable and the risk from abuse, self-neglect, and lead to a deterioration in health and wellbeing.

The past 18 months has also impacted on and affected people's families, particularly those who live far away and were not able to, or could not, visit or support their loved ones during lockdowns.

There is a government drive to support older people with or without physical or mental health needs to maintain their autonomy and independence and to live independently in the community to prevent hospital admissions, and admissions to nursing or residential homes.



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Assisted living offers a flexible service, which enables and empowers people to take control of their lives by offering security and privacy in one's own home. Plus, the additional benefits of a range of services onsite tailored to meet people's individual needs such as 24/7 maintenance, a laundry service, gardening service, housekeeping service, a la carte menu service, assistance with shopping and most importantly additional support with care needs to maintain people's independence, social interaction, social inclusion, and mental wellbeing. Thus, reducing the need to go in to a nursing or residential care settings.

Assisted living also offers additional benefits such providing a 24/7 emergency response service to offer reassurance and peace of mind. As well as supporting people recovering from ill health or a hospital stay who require respite or reablement support to regain independence. It is also beneficial for family carers, giving them additional support to enable them to continue to care for their loved ones within the family home.

We are committed to enabling and supporting older people to maintain their independence by offering assistive living within Long Sutton.

Your sincerely

A handwritten signature in black ink that reads "S. Alexopoulos". The signature is written in a cursive style with a horizontal line underneath the name.

Spyros Alexopoulos

Director