

MIDDLEDENE HOUSE H14-0630-25 AND H14-0671-25 – Additional Information

Business Name: R&R Pilates & Wellness

Business Service: Reformer Pilates and Wellness Studio offering clients a hub for a personalised and focus approach to strengthening their body and improving their wellness.

Employees: 1 employee potentially an additional 2 self-employed located in the two treatment rooms.

Opening Hours:

Reformer Pilates: Monday: 11-2pm; 5.30-8.30pm, Tuesday and Wednesday 6.30-9.30pm, Thursday: 11-2pm; 5.30-8.30pm

Treatment Rooms: 9-5pm

Expected clients:

Reformer Pilates: 5 Reformer Beds (Max 5 clients at once)

Treatment Rooms: Max 1 client at once

This is a new building for the sole purpose of R&R Pilates & Wellness.

This location is adjacent to the business owner's residential household.

All current vehicle movements in/out of the site are private cars and vehicle movements associated with the stables to the rear. The business has no vehicle movements yet.

We are proposing 7 parking spaces but as you can see from the block plan there is sufficiently more if required within the stables area